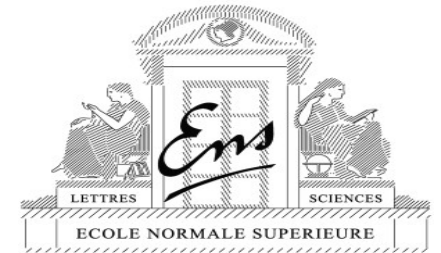


# The Laser revolution in basic science



COLLÈGE  
DE FRANCE  
—1530—

Serge Haroche  
Jicable'23, Lyon  
June 18th 2023

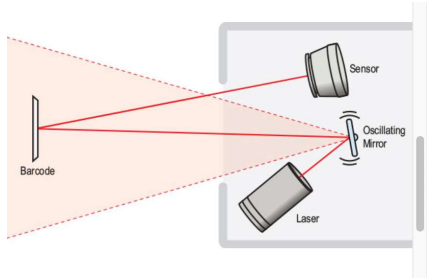


The laser, a fantastic tool applied in many technologies...



...has led to breakthroughs in basic science  
(atomic physics, metrology, quantum information,  
chemistry, biology, astronomy...)

# Some practical applications of lasers



Wikipedia  
Code 128

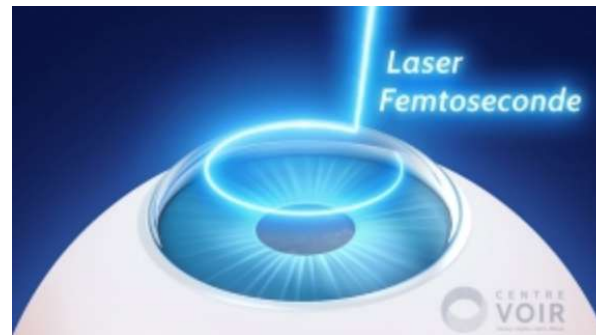
Scanning barcodes



Reading CD's and  
DVD's

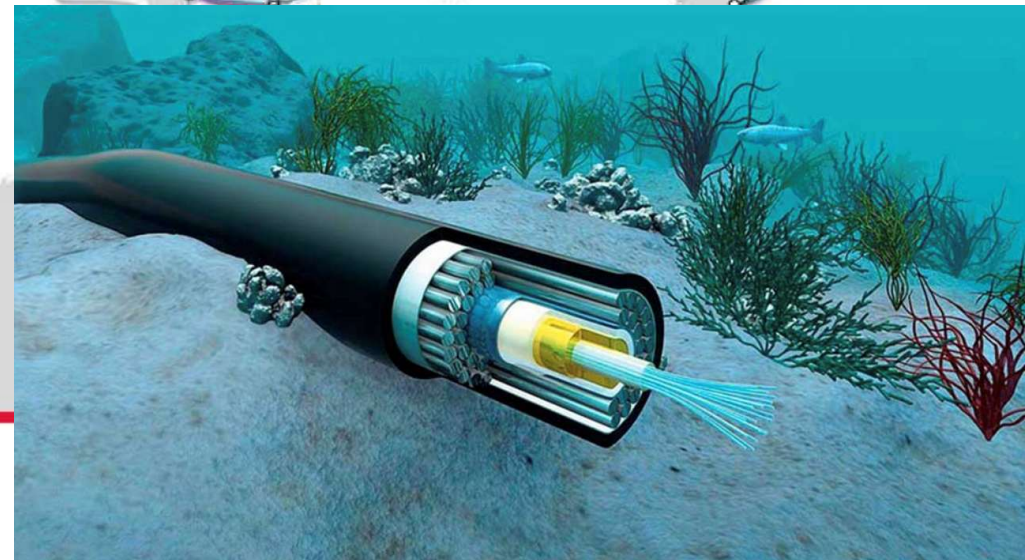
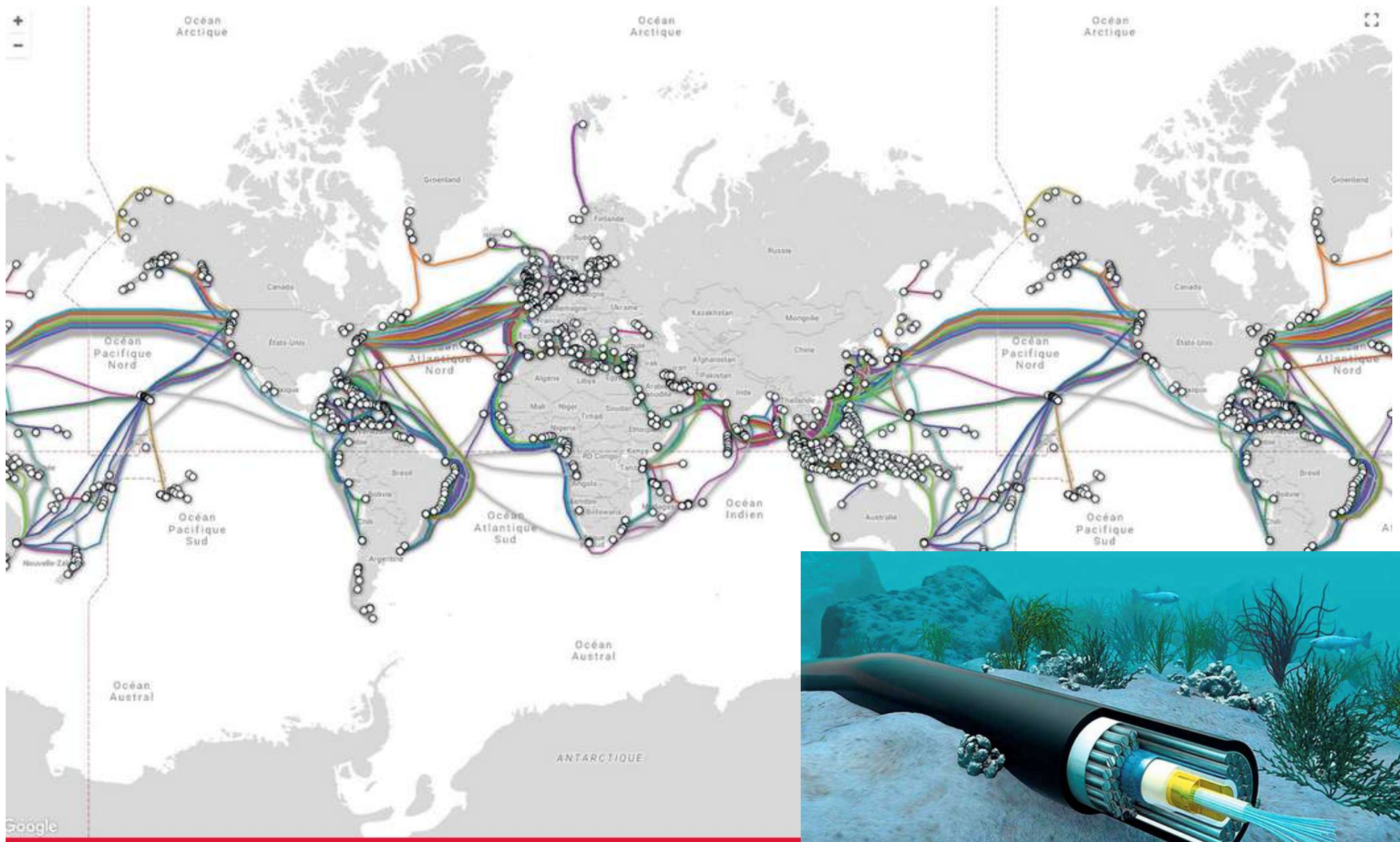


LIDAR technology



Eye surgery....

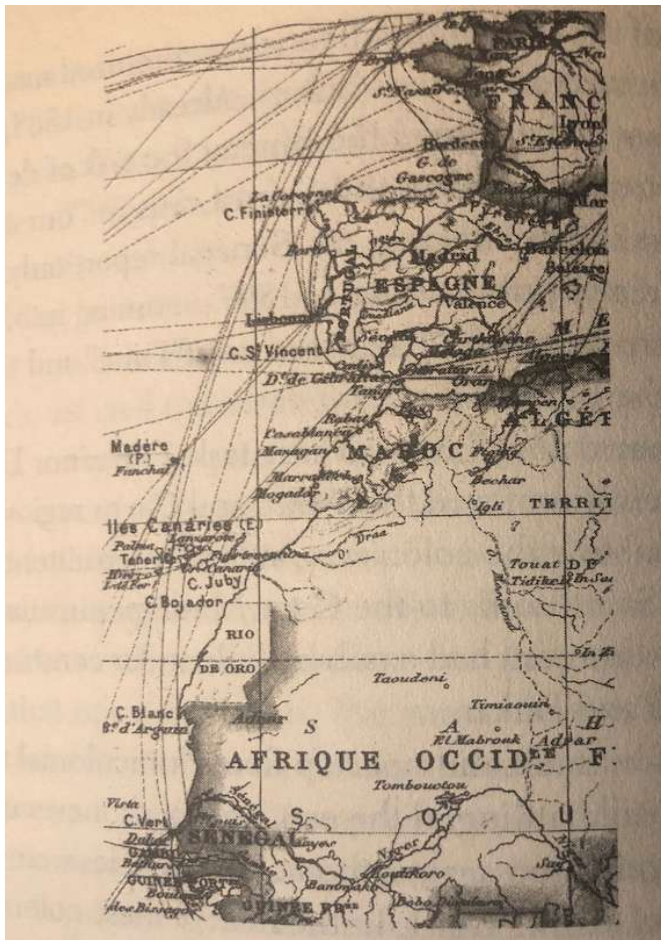
# Internet optical fiber cable network





# What is the (far-fetched...) connection between electric cable networks and the laser?

Electrical intercontinental cables have been established in the 19th century for time synchronization and longitude measurements.



This practical development has raised questions which have played an important role in the emergence at the turn of the twentieth century of modern physics (relativity and quantum mechanics)

The laser is an offsprings of these scientific revolutions. Its development has been applied to time and space measurement, to navigation and many other domains...which the pionners of telegraphic cable networks could not even have dreamed about....

*Peter Galison: « Einstein's clocks, Poincaré's maps »*



# The laser in basic science

How it was invented after a fundamental discovery

How it revolutionizes measurement of space and time

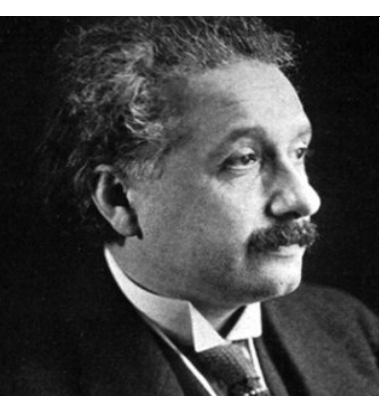
How it makes possible the manipulation of single atoms  
for quantum information processing

How it achieves cooling matter at extremely low  
temperatures

How it generates extremely high light intensities and  
extremely short light pulses useful in chemistry

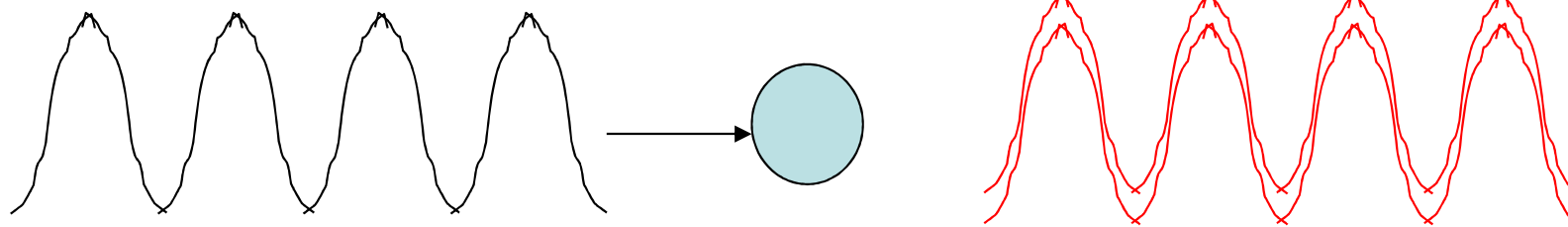
How it opens the way to gravitational astronomy...

... and what else to expect



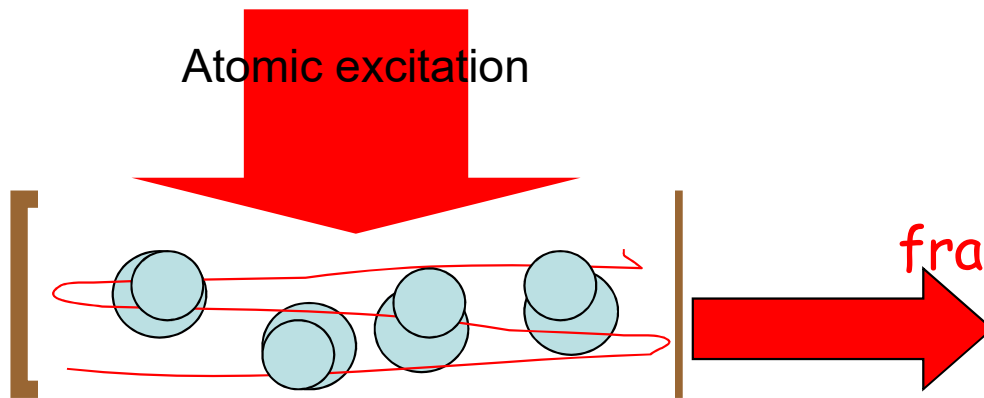
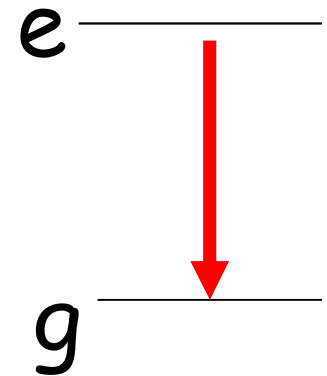
# Stimulated emission of light: one of Einstein's bright ideas (1916)

Excited atoms amplify light



One photon triggers the emission of  
a second identical photon and so on...

Atomic energy  
levels

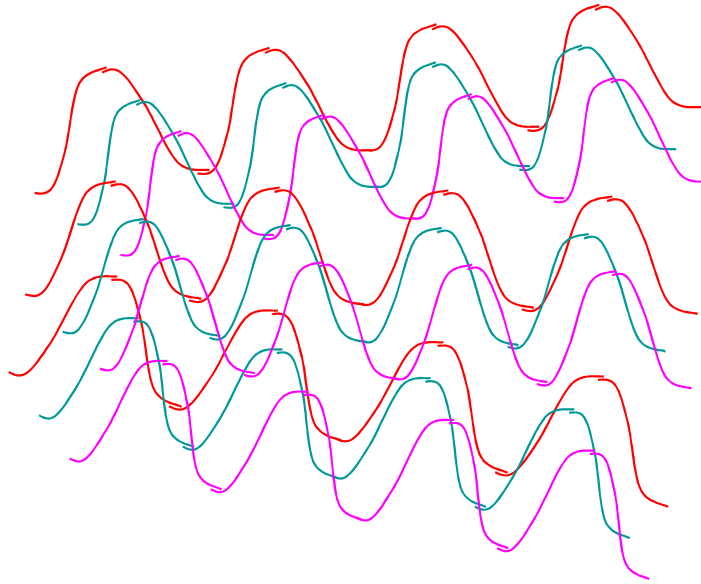


Light between mirrors amplified by excited  
atoms to the point of self-oscillation and a  
fraction of light escapes through output mirror:

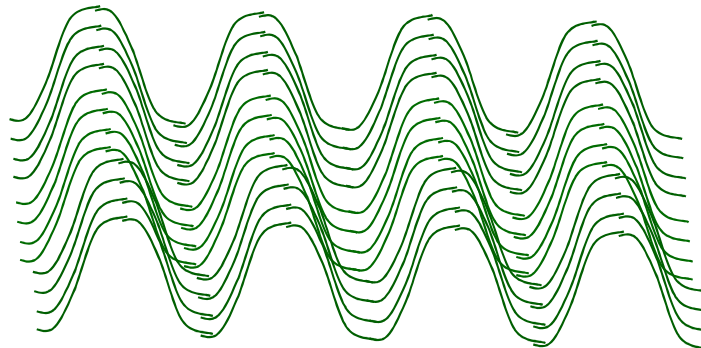
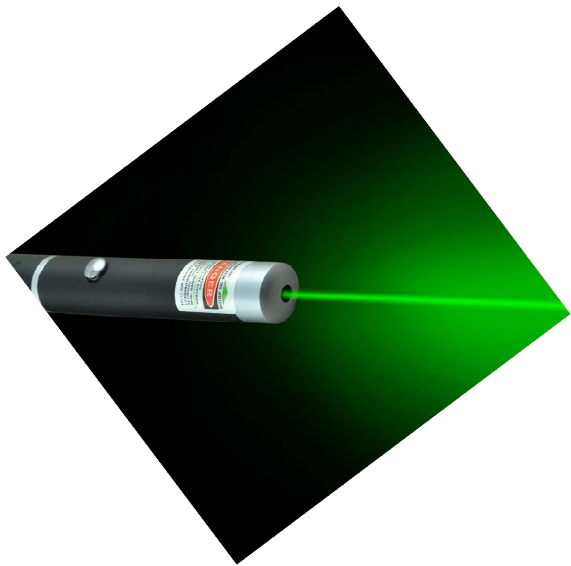
**laser beam**  
(photons "in step")

*Fifty years between discovery and application!*

# Classical versus Laser light



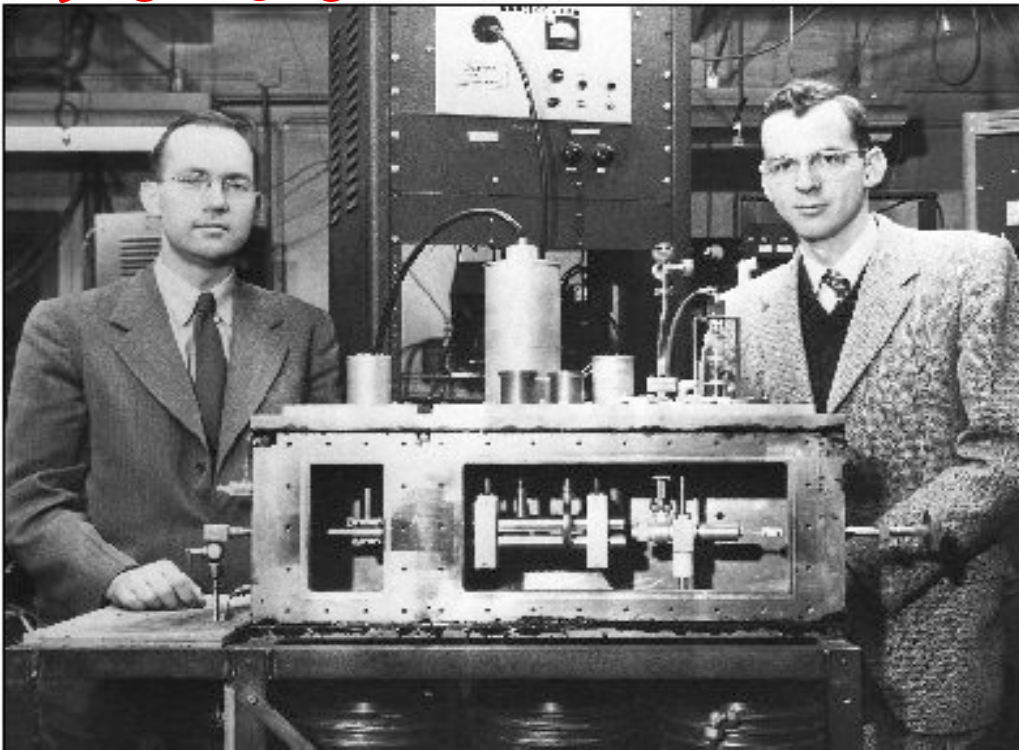
Classical light (Sun, Lamp): atoms emit independently radiations with random phases and dispersion of frequencies and directions



Laser light: atoms emit "in step" radiation with same phase, frequency and direction. This is tamed light



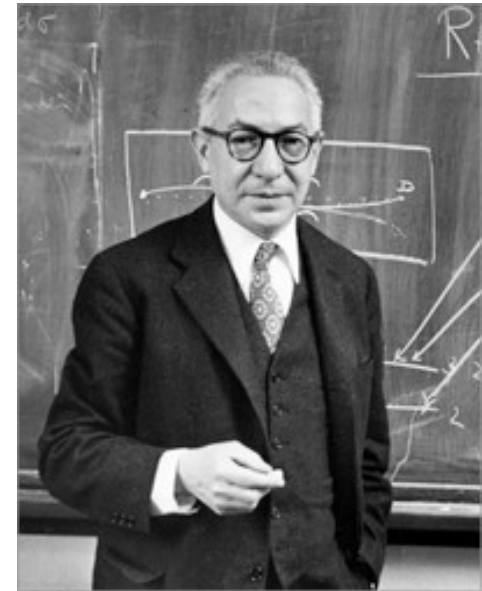
1915-2015



Townes and Gordon in  
Columbia (1954)  
in front of their ammonia  
beam which produced the  
first maser

# The first Maser (Microwave Amplifier by Stimulated Emission of Radiation)

The Maser, atomic  
clocks and NMR are  
inventions  
originating from  
I. Rabi's molecular  
beam method



1898-1988

# The "optical maser" (1958)



Charles  
Townes  
(1915-2015)

How to  
« pump »  
atoms  
efficiently in  
excited state?  
What kind of  
cavity?

Arthur  
Schawlow  
(1921-1999)

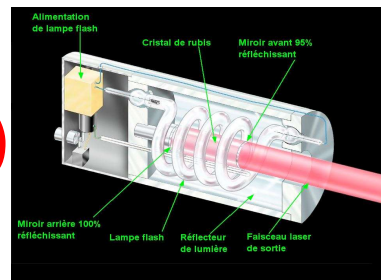


## The first lasers (1960)

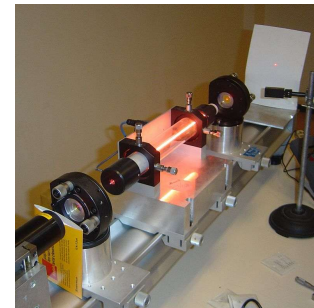


Theodor  
Maiman  
(1927-2007)

### Ruby laser



### Gas laser



Ali  
Javan  
(1926-2016)

# Fantastic "tamed" light

Intense, directive, monochromatic, coherent....

Fusion and evaporation of matter, cooling and trapping of atoms: lasers can achieve the highest temperatures existing inside stars...and produce the coldest objects in the universe (Bose-Einstein condensates or BEC)

Ultra-stable light beams oscillating without skipping a beat over millions of kilometers...or ultra-short light pulses extending over a few nanometers, crossing matter in a few attoseconds (one billionth of a billionth of a second).

A very flexible tool for fundamental research in physics, chemistry and biology and for applications to metrology, medicine, communication etc...



# 60 years of Atomic, Molecular & Optical Physics

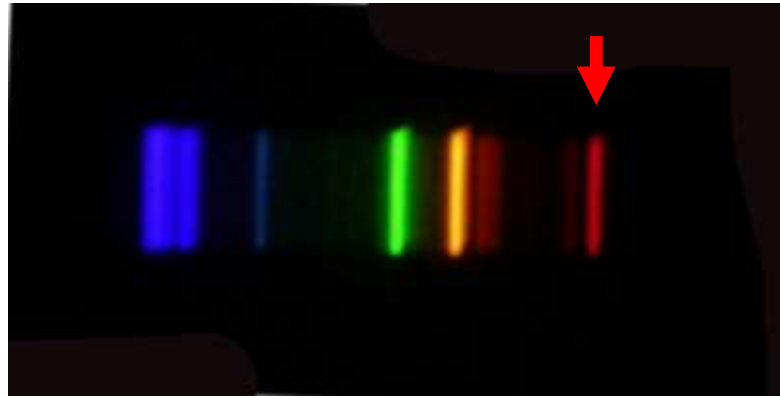
The laser has made tremendous progresses possible and has led to quantitative and qualitative revolutions in basic research

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(a factor of ten every five years!)

	1960	2020's
Precision (spectroscopy and clocks):	$10^{-8}$	$10^{-18}$
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Sensitivity to length variation $\Delta h/h$	$10^{-8}$ - $10^{-9}$ (Interferometric definition of meter)	$10^{-21}$ - $10^{-22}$ (LIGO/VIRGO)

# Progresses of metrology due to laser

Before lasers  
the meter was  
related to the  
wavelength of a  
Krypton classical  
lamp



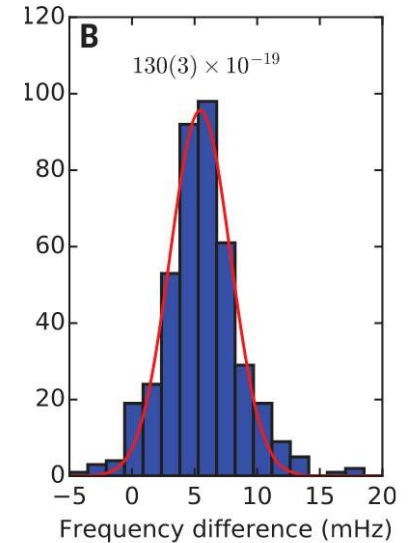
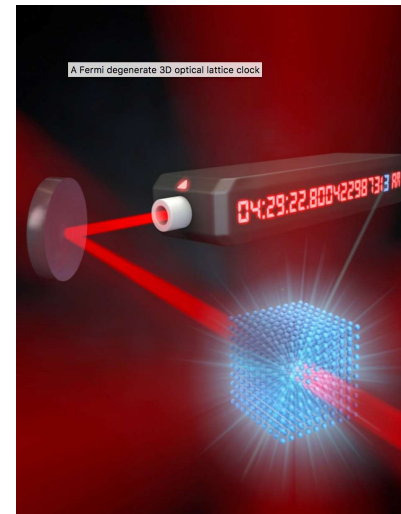
$$1 \text{ meter} = 1,650,763.73 \lambda_K$$

1960

$$\frac{\Delta\lambda}{\lambda} = 10^{-8}$$

2020's

The second will be (soon?) related to the  
period of an atomic optical transition.  
Knowing the velocity of light, the meter  
will be defined with a ten order of  
magnitude improved precision

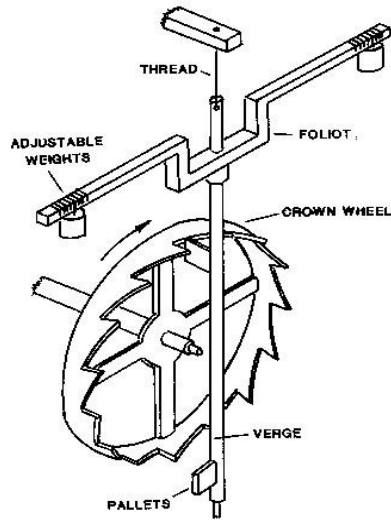


1 sec = 429 228 004 229 873.13 periods of Sr transition

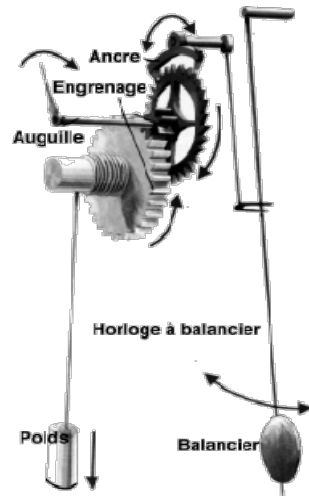
$$\frac{\Delta\nu}{\nu} = 10^{-18}$$

*1 m: distance traveled by light during 1/ 299 792 458 sec*

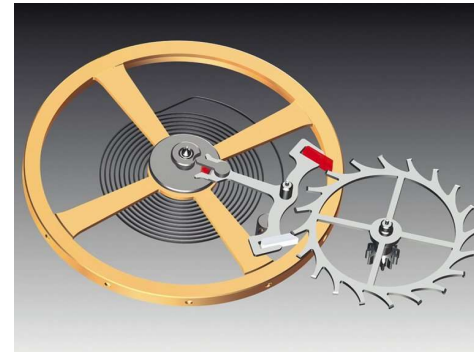
# A brief history of the measurement of time



14th century:  
Tower clock



17th century:  
Pendulum (Galileo,  
Huyghens)



18th century  
Marine chronomete  
and spring watch  
(Harrisson)



1920's  
Quartz clock  
(piezoelectric  
effect)

Relative uncertainty

$10^{-2}$

$10^{-4}$

$10^{-6}$

$10^{-8}$  1s/year

General principle: an oscillator coupled to an escape device which counts periods. The higher the frequency, the more precise the clock

*On a log scale, much less improvement in the 6 centuries preceding the 1950's than during the last sixty years with advent of atomic clocks counting atomic transition frequencies!*





N. Ramsay  
(a student of Rabi)

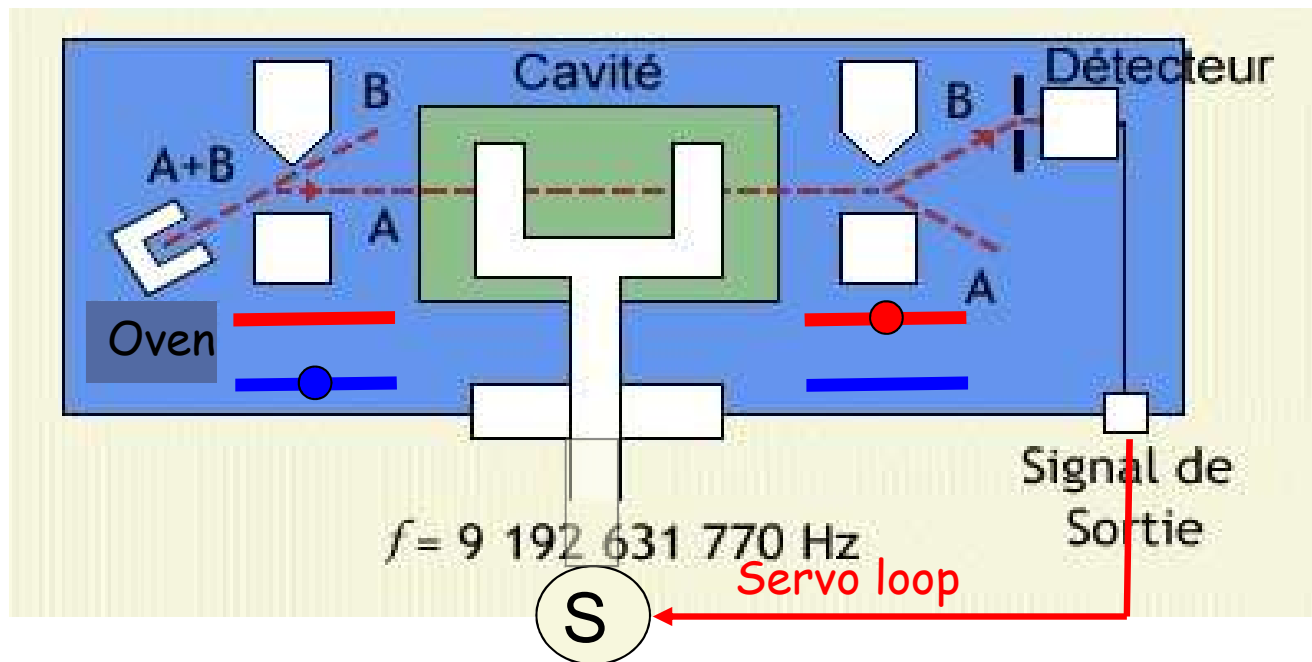
# The microwave atomic clock operates, like the maser, on an atomic beam machine



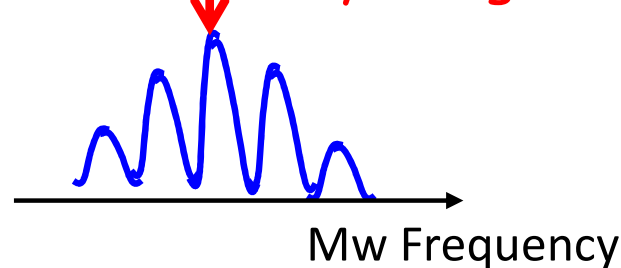
## Cesium microwave clock

The oscillation of  
electrons in an atom is  
much more stable than  
that of a pendulum, a  
spring or even a quartz!

Uncertainty about  $10^{-14}$   
(1 second precision over a  
million years!)

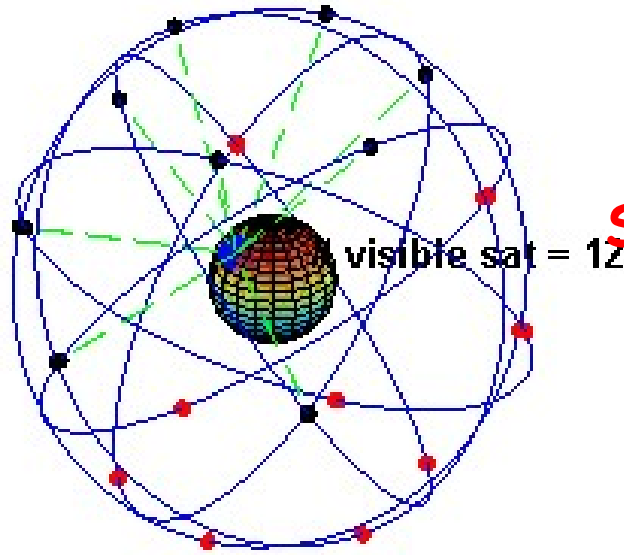


Cesium beam probed by a **double  
microwave pulse**: resonance  
exhibits Ramsey fringes



The GPS

# The GPS



Triangulation with signals received from synchronized microwave atomic clocks embarked in satellites. Nanosecond per day and meter precision!

$$\frac{\Delta \nu}{\nu} = 10^{-14}$$

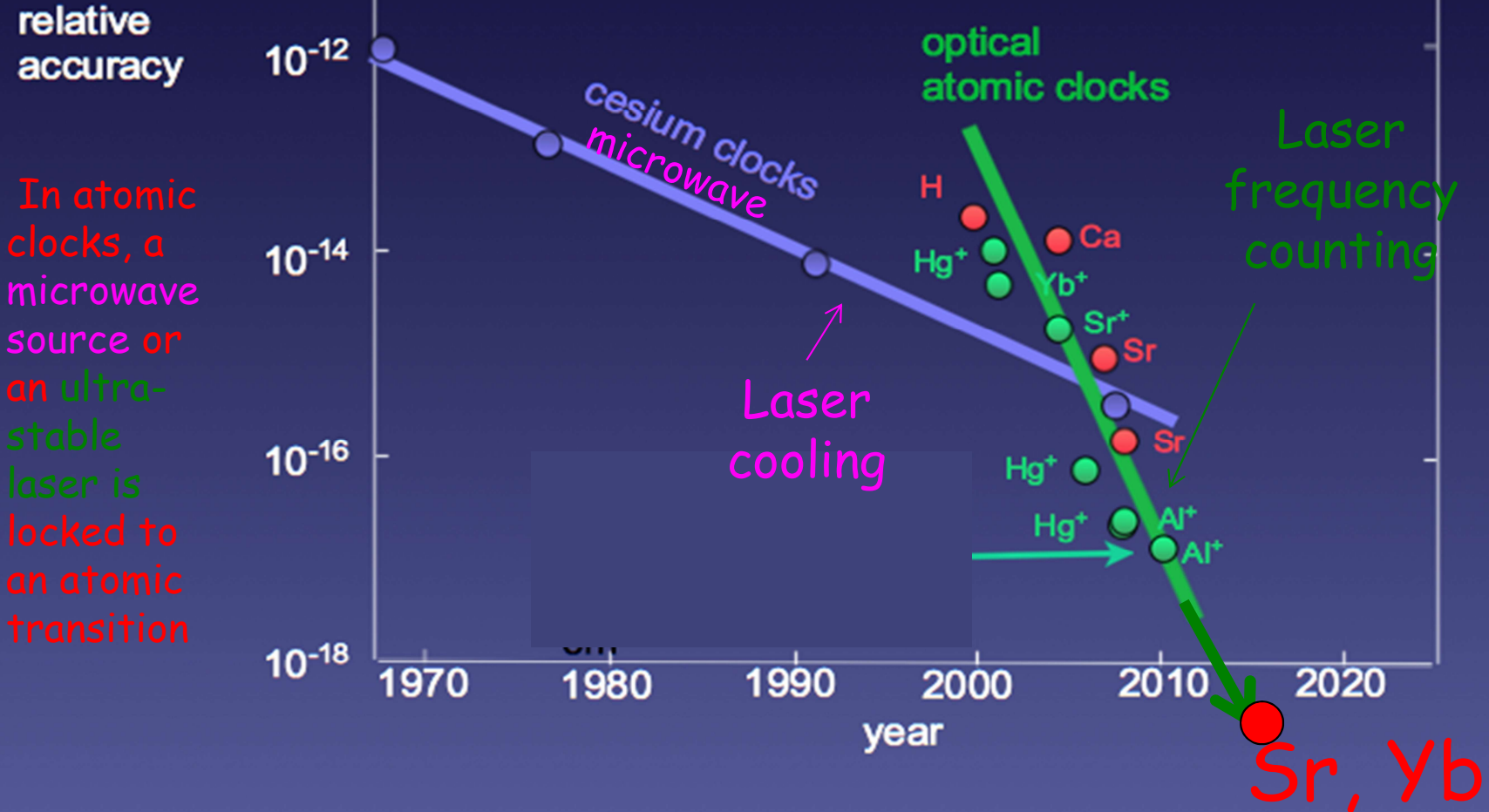
Without relativistic corrections, the GPS would be off by several kilometers!



*The present GPS has improved by eleven orders of magnitude the clock synchronization precision of the cable telegraph pioneers... and further improvements are still to come with optical clocks...*

# accuracy of atomic clocks

Courtesy  
of  
T.Hänsch

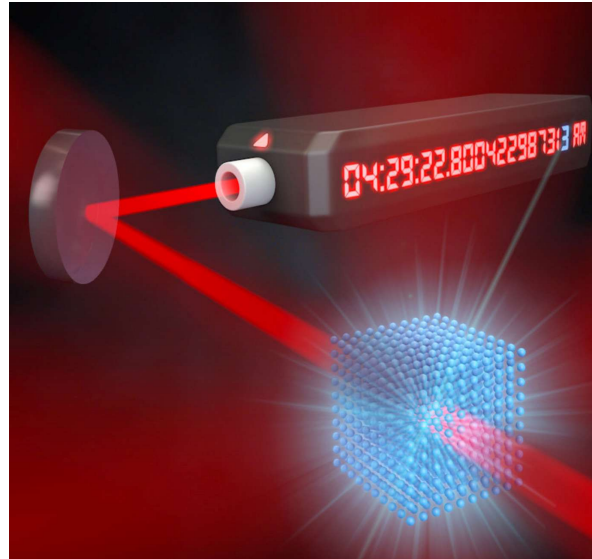


The best clocks of 2020's are  $10^{11}$  times more precise than the best quartz clocks of the 1950's:  $10^{-14}$  s per day instead of  $10^{-3}$  s



# Strontium Optical clock (oscillating at $\approx 4 \cdot 10^{14} \text{Hz}$ )

JILA  
(Boulder  
-2017)



Accuracy  
 $3.5 \cdot 10^{-19}$

Less than a tenth of  
a second  
uncertainty since  
the Big Bang!

Ultrastable laser locked on an optical transition of strontium observed on a 3D array of cold atoms: different lasers are used to cool and trap the atoms and to lock on the transition frequency.

Optical frequencies counted by *frequency comb laser*



# Optical Frequency Comb Synthesizer

Structured fiber  
broadens the light  
spectrum up to one  
octave:  $\sim 100\,000$  modes  
spaced by a few GHz





T.Hänsch

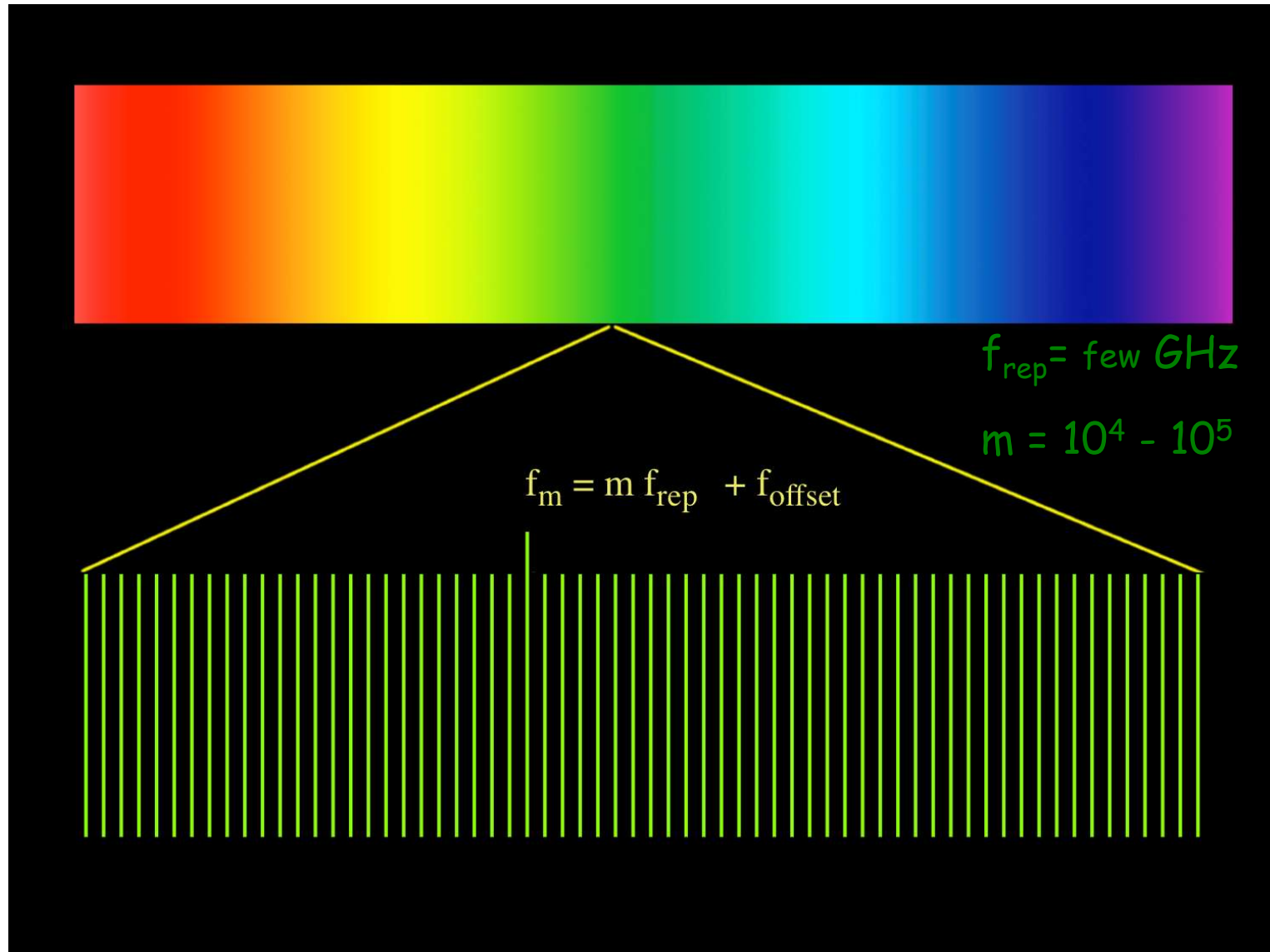


J.Hall



2005

# An ideal escape mechanism for an optical clock: **the frequency comb**



A "ruler" spanning an octave in frequency

measuring the frequency of an atom with a laser comb

## An optical clock

Sr  
Al<sup>+</sup>



Comb interval is a  
precisely known  
divider of optical  
frequency

Frequency comb

Lock Microwave  
to comb interval

Stable laser locked to atom is an  
optical clock and the comb bridge  
gap with the microwave domain (escape  
mechanism)



# 60 years of Atomic, Molecular & Optical Physics

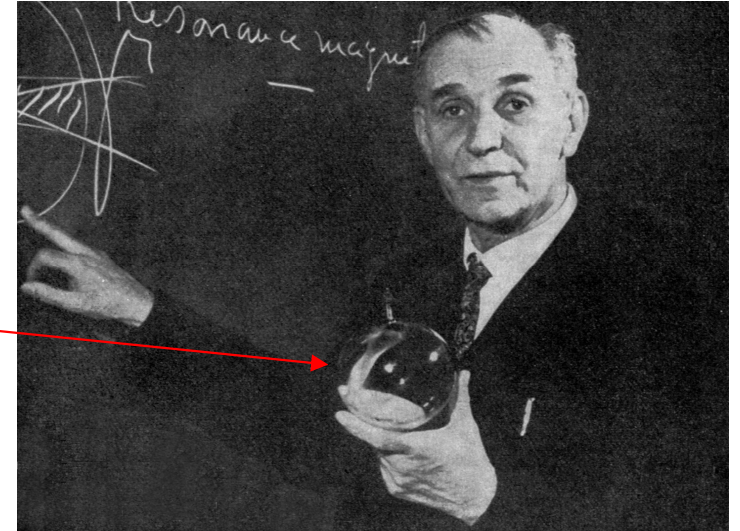
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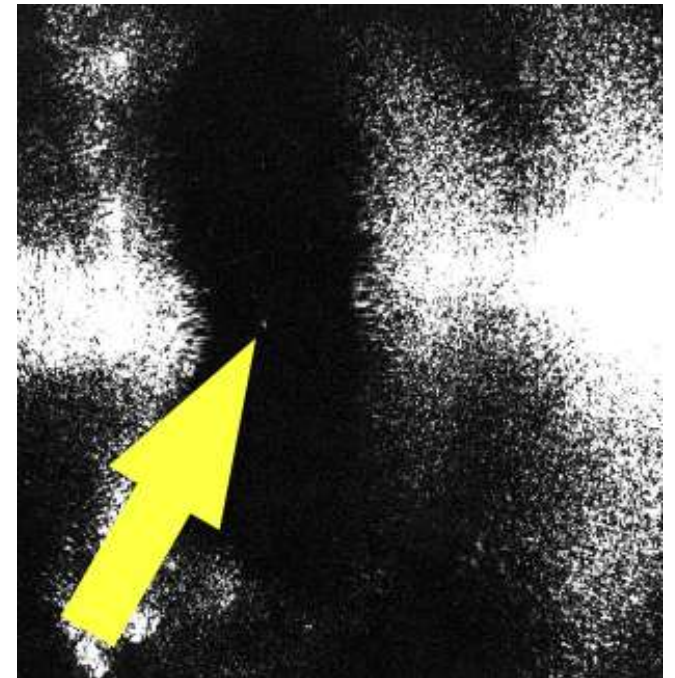
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Relative sensitivity to length variation $\Delta h/h$	$10^{-8}$ - $10^{-9}$ (Interferometric definition of meter)	$10^{-21}$ - $10^{-22}$ (LIGO/VIRGO)

# Detection sensitivity in spectroscopy

Optical Pumping  
experiment of the  
1960's: cell  
containing  $\sim 10^{10}$   
atoms



First observation of a single  $\text{Ba}^+$   
ion in a Paul trap  
(P.Toschek group, 1978)



P.Toschek

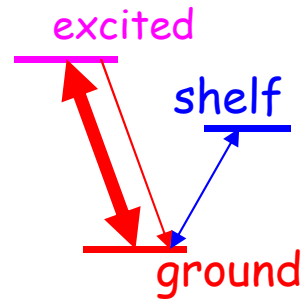
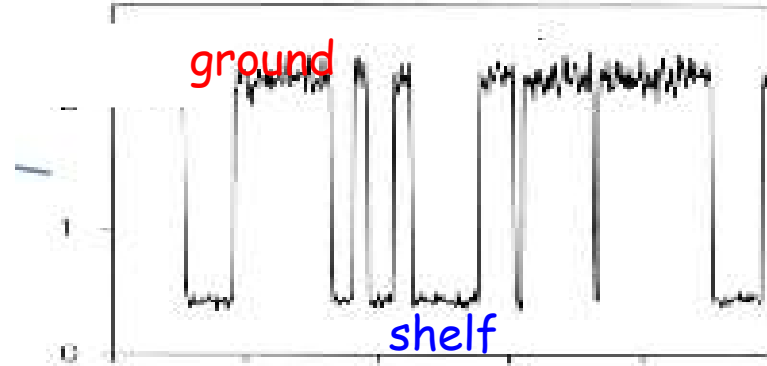
*Ten orders of magnitude again!*

# Single atom physics and quantum information

Quantum jumps of a trapped ion:

intensity of ion's fluorescence

(Toschek-Wineland (1985))

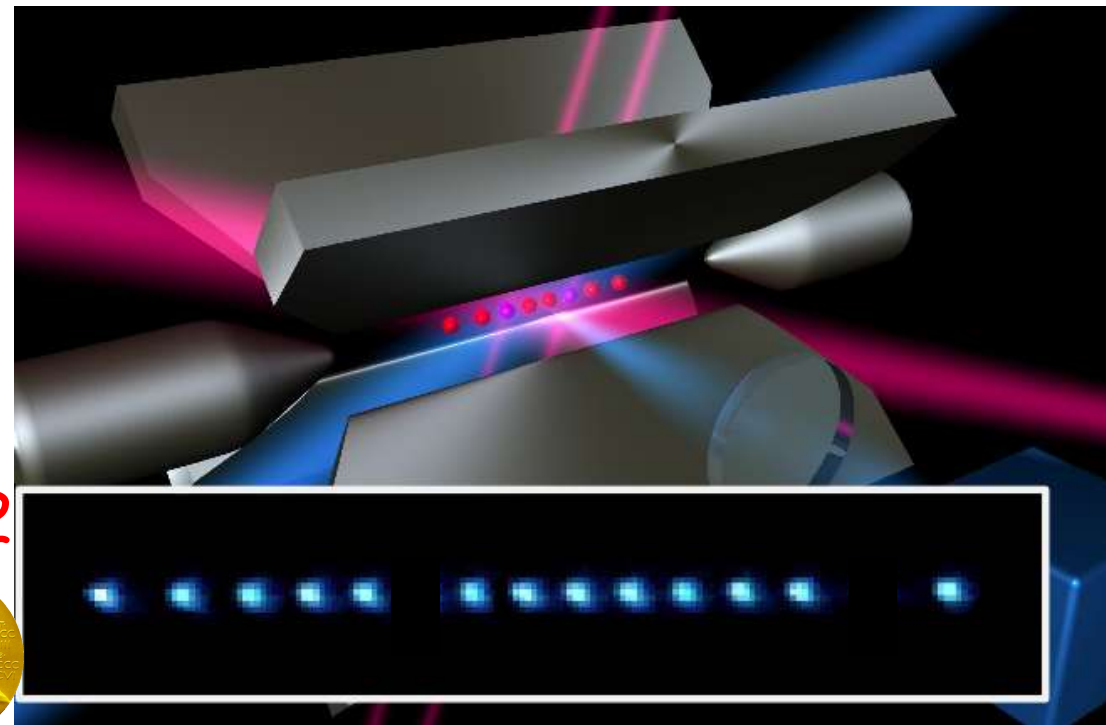


Fluorescence from a string of trapped ions behaving as quantum bits (Blatt, Wineland.....)

Similar experiments manipulate trapped photons (my research group)

Photons and atoms as qubits for quantum information

2012



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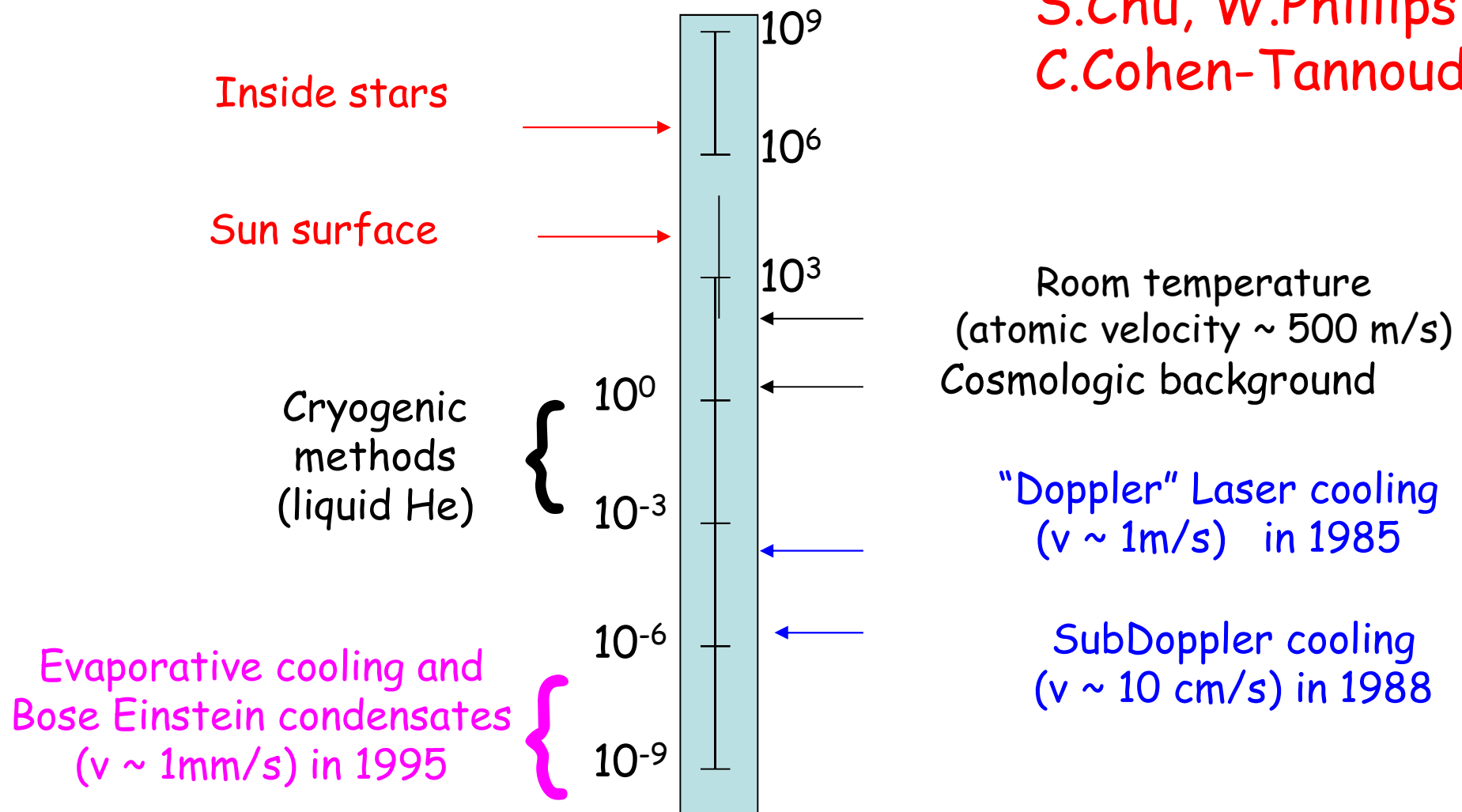


# Going towards $T=0K$

1997

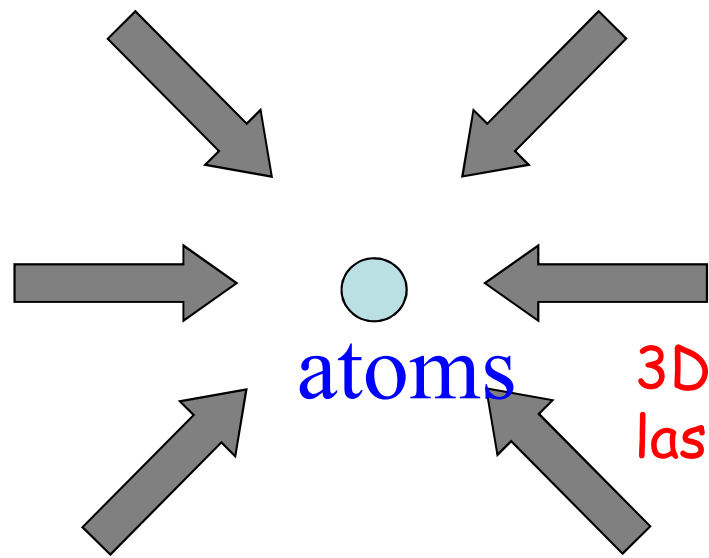


S.Chu, W.Phillips,  
C.Cohen-Tannoudji



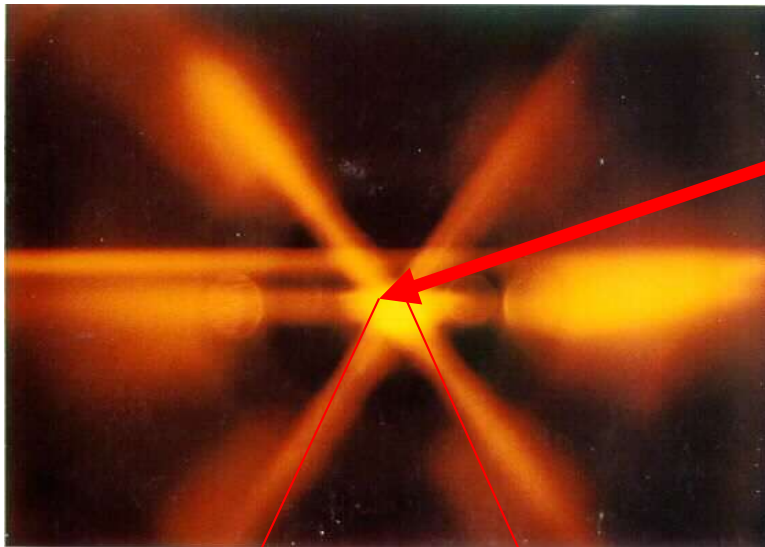
Eleven orders of magnitude gained towards low temperatures  
and 5 to 6 orders towards low atomic velocities since 1960-70

# Optical molasses and magnetic trap

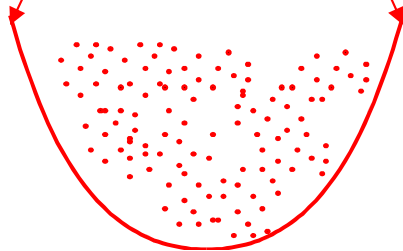


3D cooling with six laser beams

One billion atoms at a few, microKelvins, flying in random direction at a few tens of cm/s like in a viscous medium, scattering laser photons



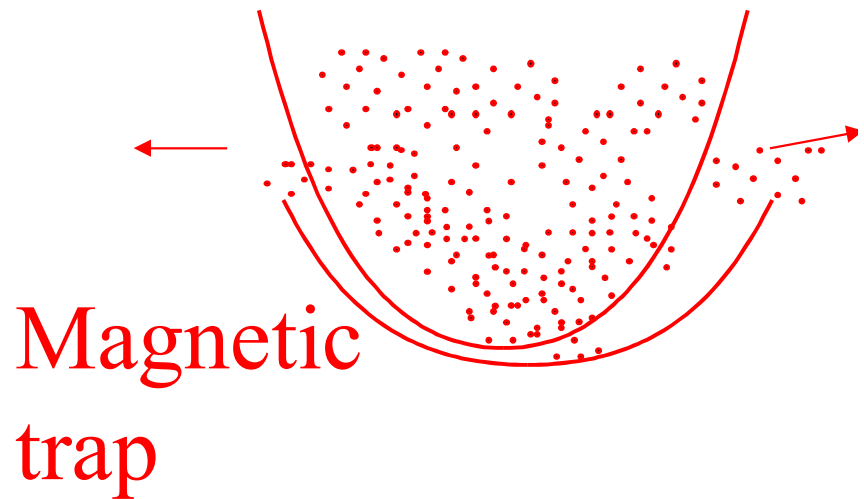
One turns the light off and switch on a configuration of magnetic fields which trap the cold atoms as if they were in a kind of magnetic bottle with non-material walls



Is it possible to cool even more?

# How to reach the condensation threshold ?

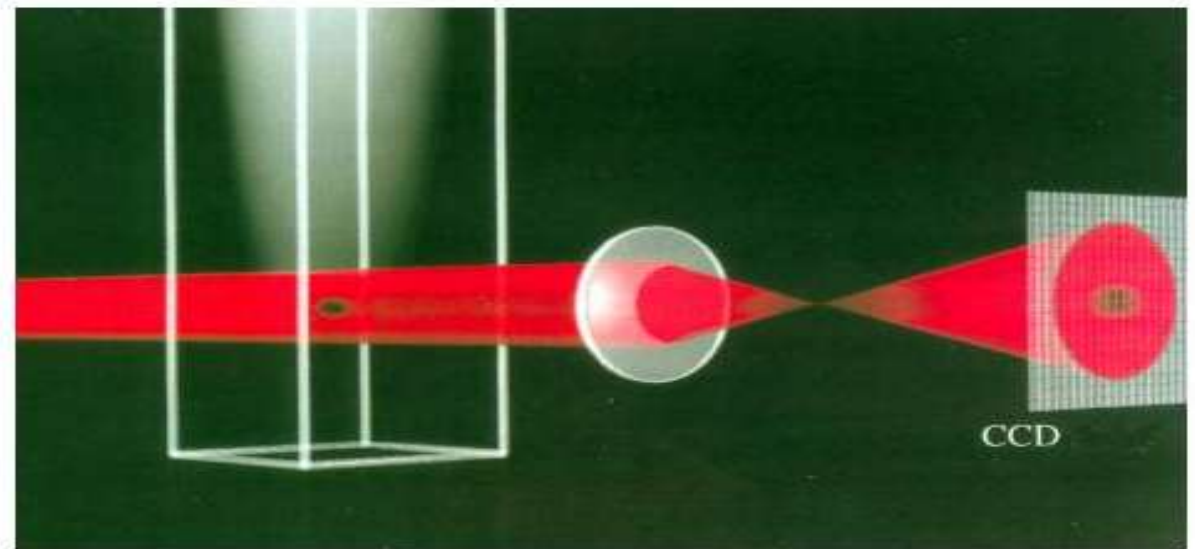
Cooling by evaporation: one lowers the trapping walls to let the fastest atoms escape



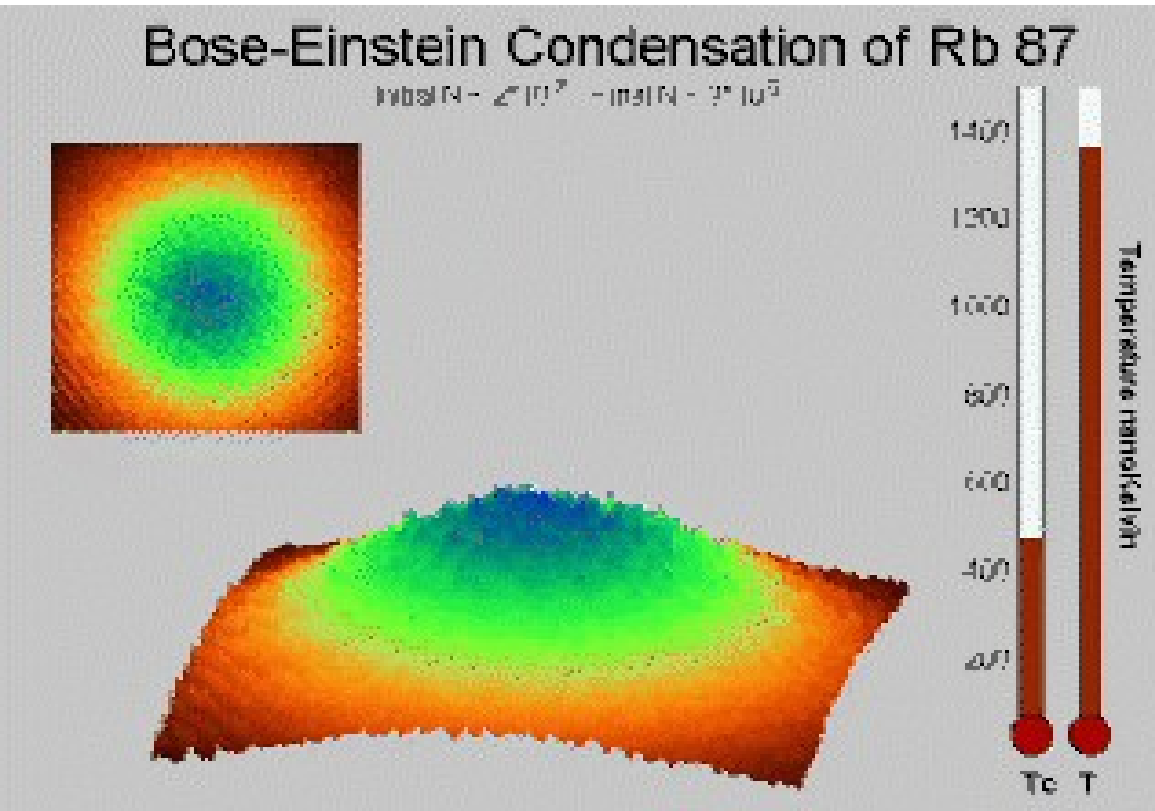
Interatomic distance becomes smaller than the de Broglie wavelength: Bose-Einstein condensation



Imaging the atoms with laser light (shadow of the atomic cloud on a screen)



# Film of Bose-Einstein condensation



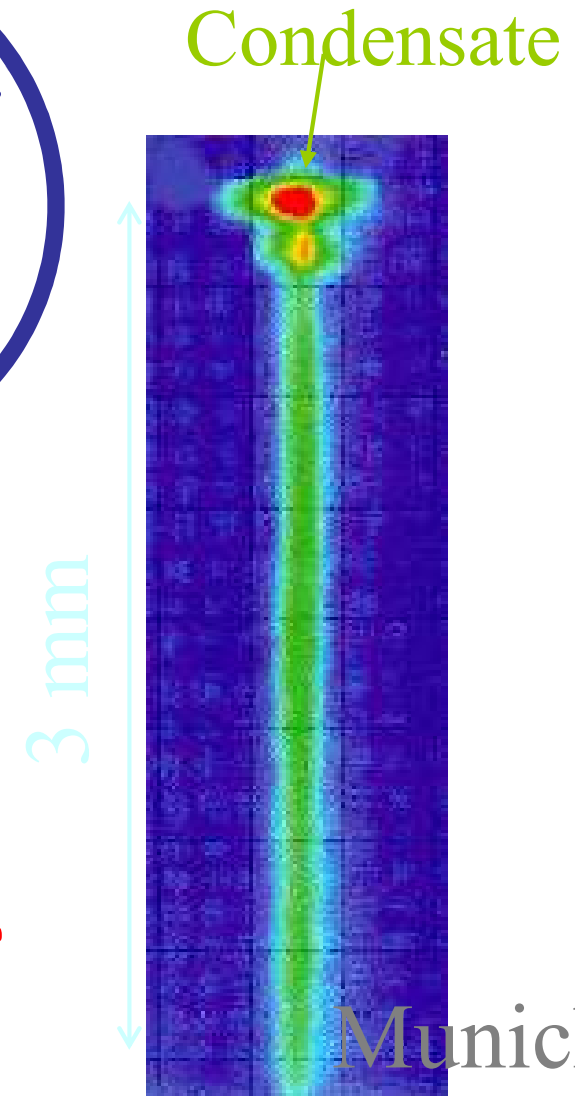
The coldest  
objects in  
the  
Universe

Cornel,  
Weiman,  
Ketterle



2001

And image of an atom- laser





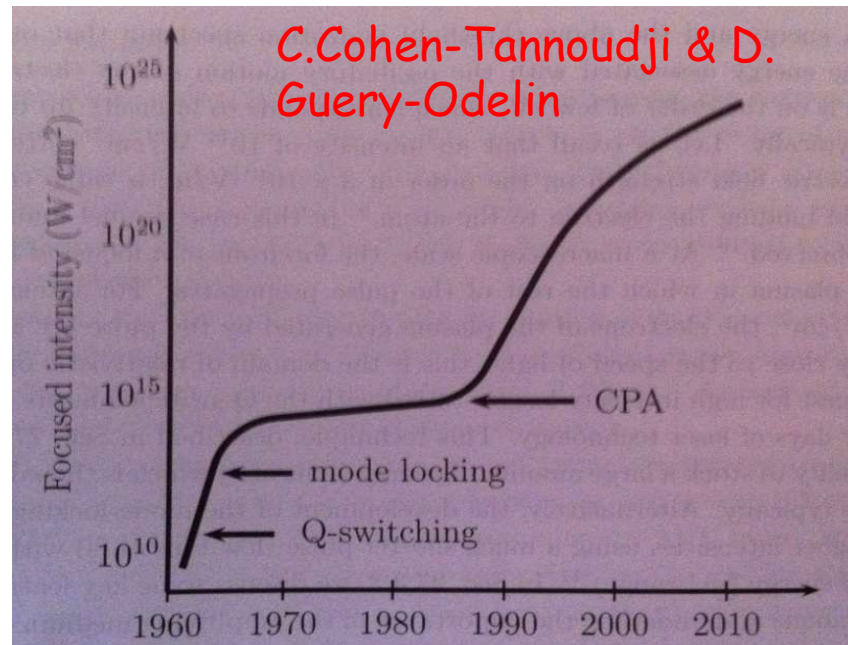
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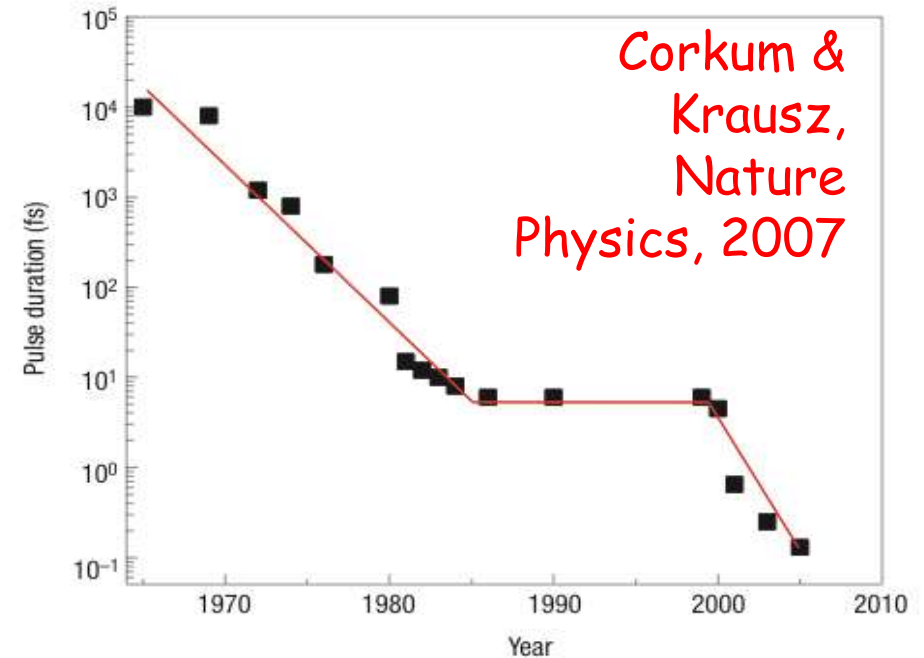
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# High light power and ultra-short light pulses progresses over last fifty years



Evolution of peak laser power  
( $\text{W}/\text{cm}^2$ )



Evolution of pulse duration  
(femtoseconds)

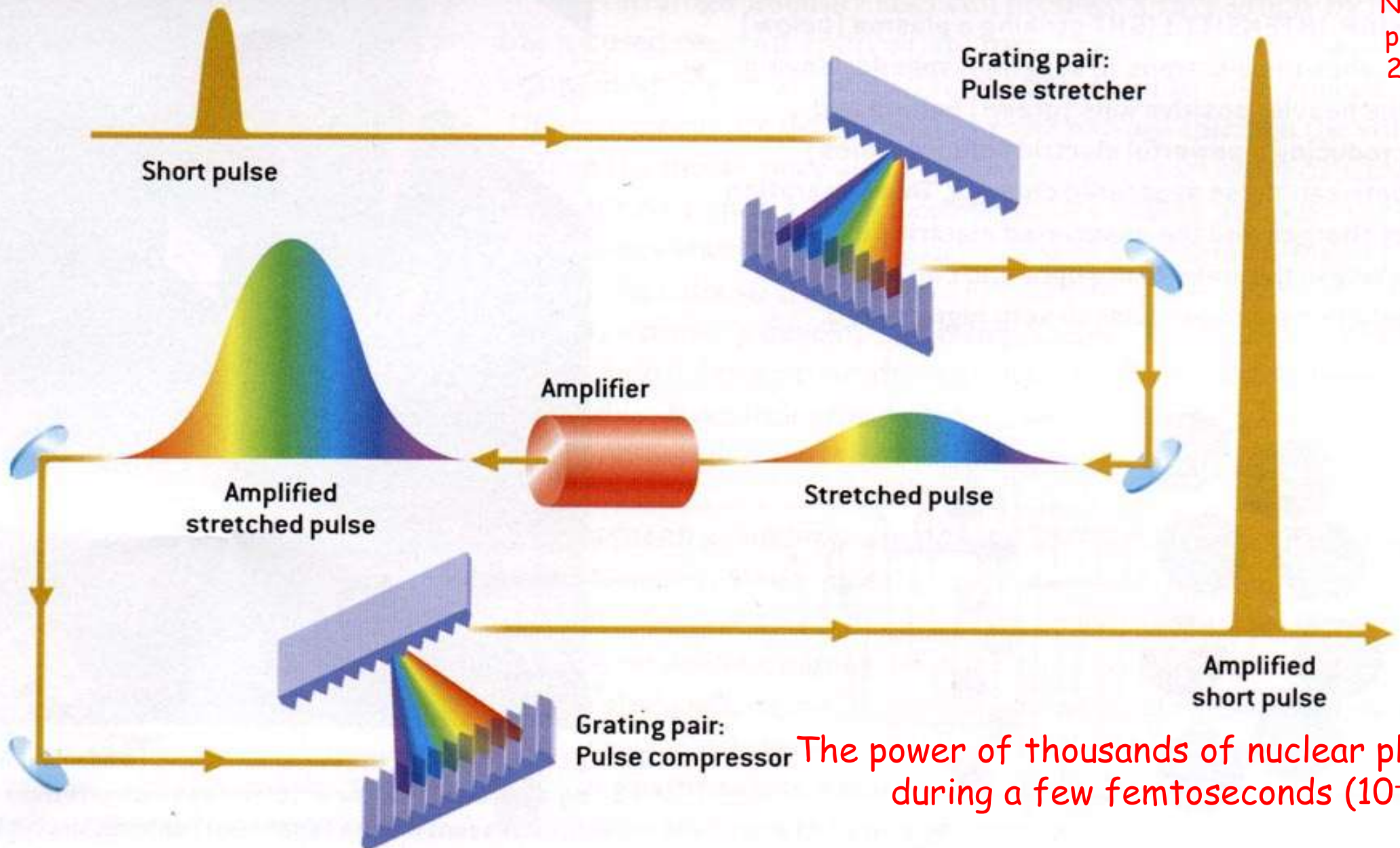
Short laser pulses generate ultra-short X ray pulses in the attosecond range by non linear optical effects in gases

# Chirped Pulse Amplification (CPA)

*Strickland et Mourou, Opt.Comm.56, 219 (1985)*



Nobel  
prize  
2018



The power of thousands of nuclear plants during a few femtoseconds ( $10^{-15}$  s)!

# 60 years of Atomic, Molecular & Optical Physics

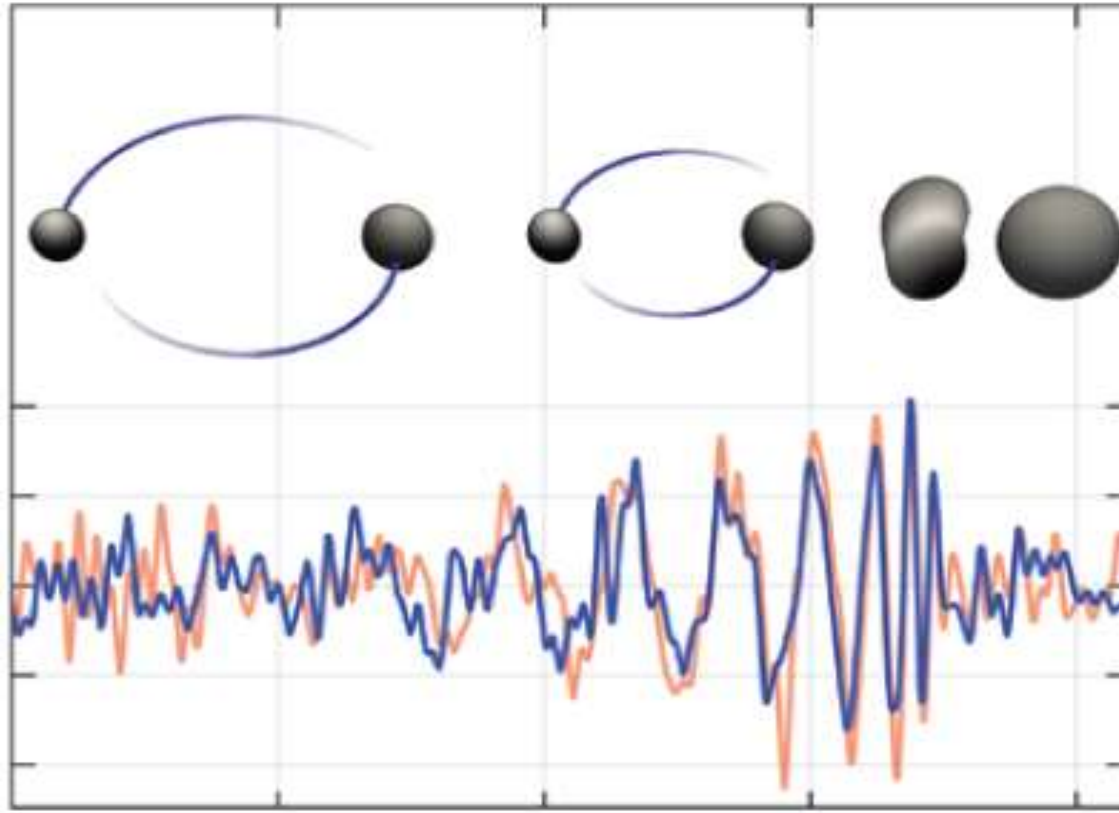
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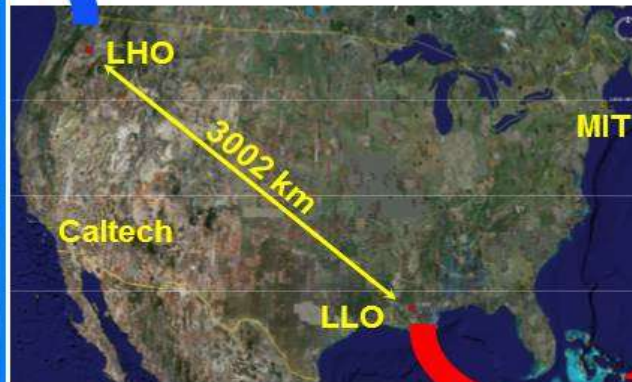


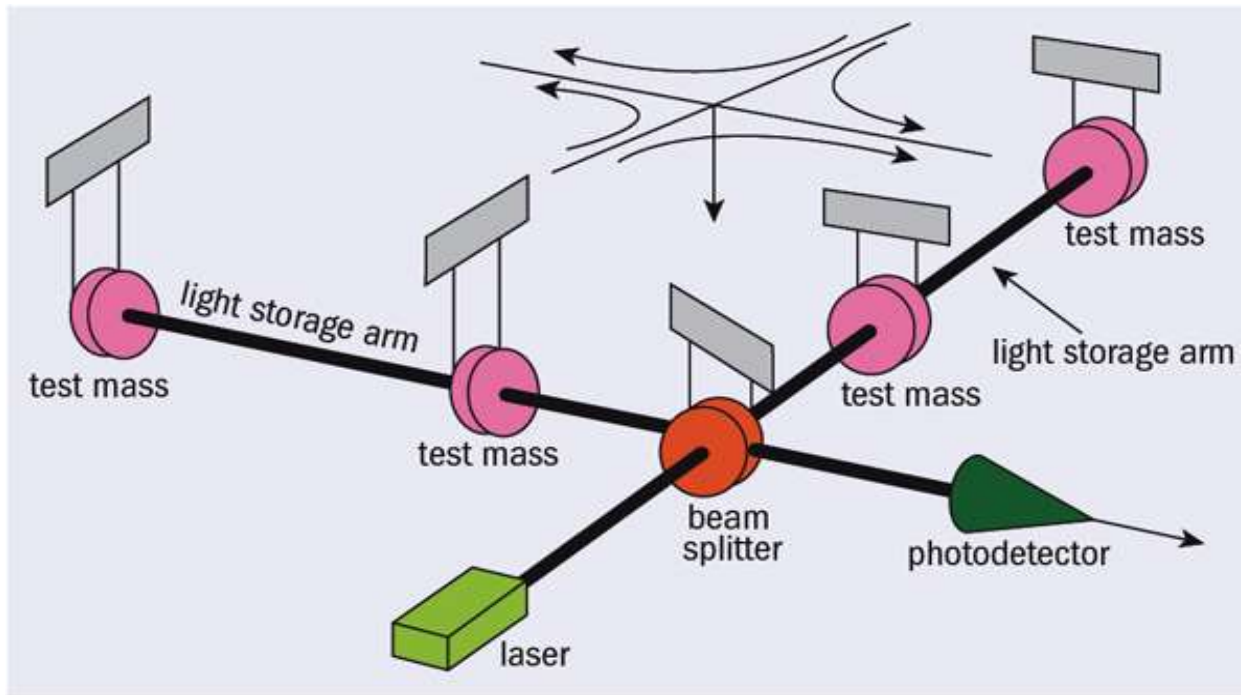
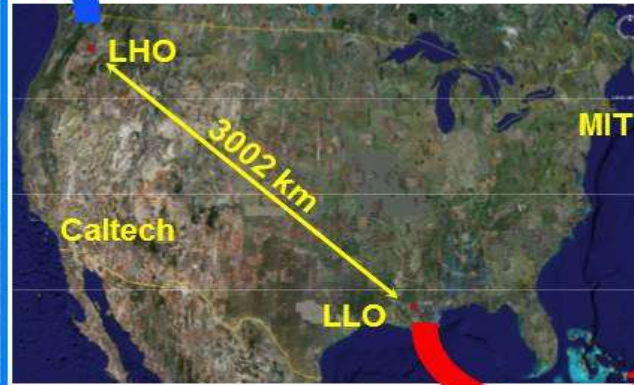
The  
coalescence  
of two black  
holes 1,3  
Billion light-  
years away...



...has produced  
a tiny  
gravitational  
wave detected  
by the two  
antennas of  
LIGO

*A tour de force detecting a displacement of mirrors (separated  
by 4km) of less than a billionth of an atomic diameter!*





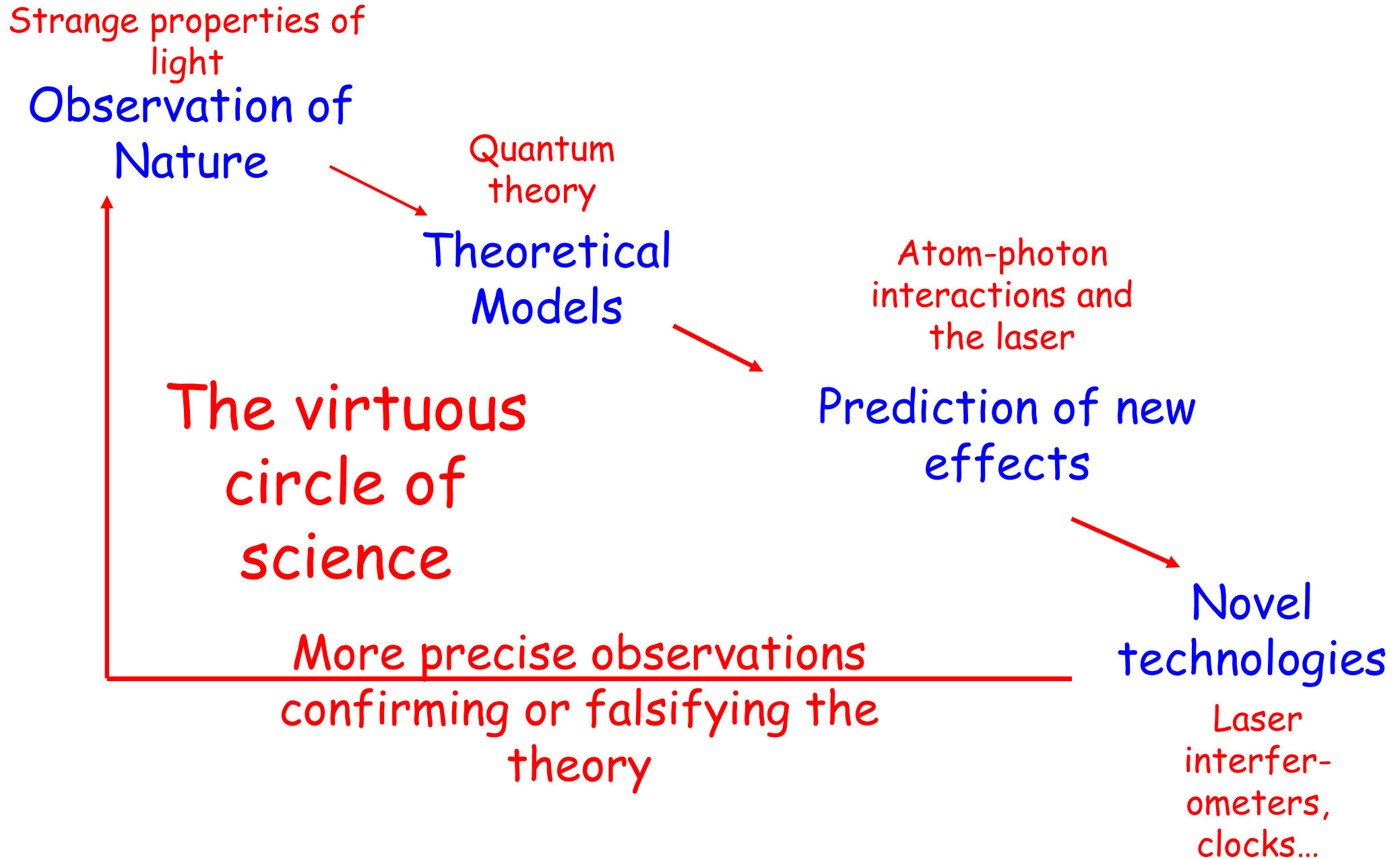
Two Michelson interferometers fed by an ultrastable laser measure the relative change of the length of the two arms when the gravitational wave alters the curvature of space-time...



2017

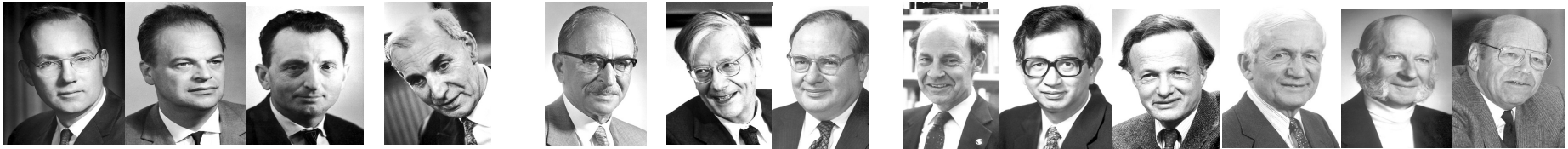
Opens a new window into the Universe:  
Gravitational wave astronomy

# The permanent dialogue between blue sky research and innovation





# 40 Physics & Chemistry Nobel laureates in 60 years related to **lasers** and their applications..



1964 (the Laser)

1966 (Optical pumping)

1971 (Holography)

1981 (Laser spectroscopy)

1986 (Lasers in chemistry)

1989: (atomic clocks & ion traps)



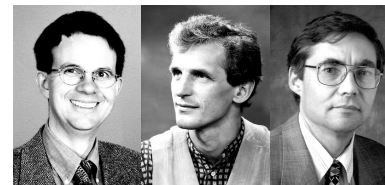
1997: (Laser cooling of atoms)



1999: (ultra-short laser pulse chemistry)



2000: (Layered Heterostructures and laser diodes)



2001: (Bose Einstein Condensation)



2005: (Quantum optics and frequency combs for optical clocks)



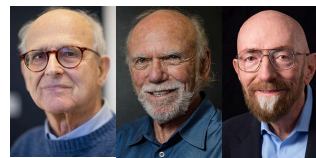
2009: (Optical fibers for laser beams)



2012: (Control of single quantum particles)



2014: Super-resolved fluorescence microscopy



2017: detection of gravitational waves by the LIGO/VIRGO collaboration

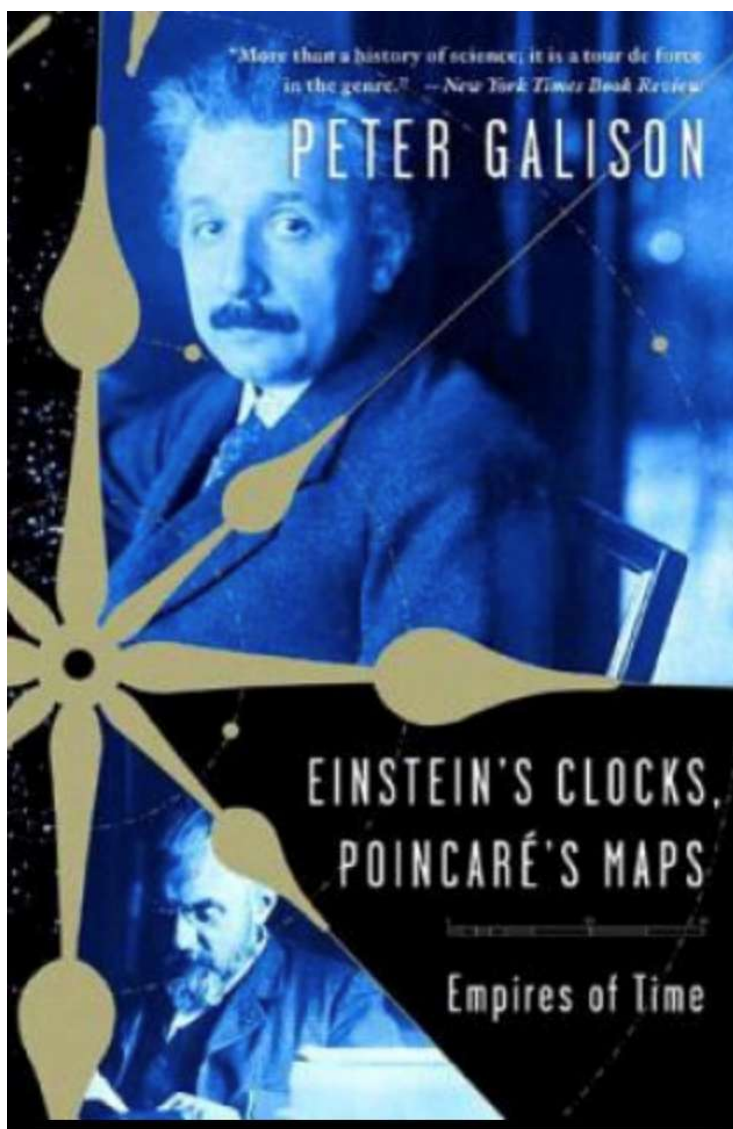


2018: Optical tweezers and ultra intense and ultra short light pulses



2022: Entanglement and quantum non-locality

.... and more to come...



How telegraphic cable networks have influenced the physics revolution

Thank You!

Serge Haroche

Nobel Prize in Physics

## The Science of Light

From Galileo's Telescope to Quantum Physics

A Historical Epic and a Personal Journey



More about lasers and basic science